

# She Toiled Alone and in Silence

This weekly bulletin insert complements the curriculum published by the Department of Christian Education of the Orthodox Church in America. This and many other Christian Education resources are available at <http://dce.oca.org>.

**On April 1 we remember the great desert saint, Mary of Egypt. She is such a revered person, such an example of holiness, that we read the story of her life every year in church.**

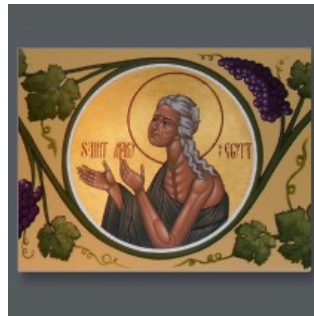
We know many of the elements of her story. Years of what must have been a miserable childhood at home made her run away to the city of Alexandria. Then there were years of living as a beggar, and of superficial and soul-wounding encounters with men. We know how she followed a crowd of pilgrims to Jerusalem, even going with them to the Church of the Holy Sepulchre. At first she was barred from entering, until the Theotokos answered her prayers, allowed her to enter the church, and then sent her on her way across the Jordan to spend decades in the wilderness, repenting and through great effort growing into a seasoned spiritual warrior.

Mary's journey into the desert puts her in the company of another great figure we read about on this day. Genesis 12: 1-7 is the account of God telling Abram to "go from your country and your kindred and your father's house to the land that I will show you." Abram receives the promise that God will make of him a great nation, and bless him, and make his name great.

Mary received a promise, too: the assurance of the Theotokos that the wilderness would bring her true peace. But for Mary, as for Abraham, doing God's will required a huge life change. For Abram (later Abraham) it meant leaving everything familiar and fundamental in his life. Along the way to his new home he would have to face famine, an angry Pharaoh, warring groups, and the continuing sadness of being childless.

For Mary, who had fewer ties and far less stability than Abraham, the life change meant struggling to conquer the demon of lust that had driven and often overpowered her for so many years. She would have no human companions to help her, and she too would be in a new and unfamiliar place. She and Abraham both had to trust God completely.

One thing differentiates Abraham's experience from Mary's. He was constantly talking to people, sometimes to explain himself, sometimes to get himself out of bad situations, and sometimes to keep peace. Whether telling his wife Sarah to pose as his sister or giving his nephew Lot first choice of grazing land, Abraham's life was, and had to be, inundated with words and encounters.



#### **Troparion - Tone 8**

The image of God was truly preserved in you, O mother,  
For you took up the Cross and followed Christ.  
By so doing, you taught us to disregard the flesh, for it passes away;  
But to care instead for the soul, since it is immortal.  
Therefore your spirit, O holy Mother Mary, rejoices with the Angels.  
Kontakion - Tone 3  
Having been a sinful woman,  
You became through repentance a Bride of Christ.  
Having attained angelic life,  
You defeated demons with the weapon of the Cross;  
Therefore, O most glorious Mary you are a Bride of the Kingdom!

For Mary, there were no words of conversation, and until the monk Zossimus found her there were no encounters. Instead there was silence, the profound silence of the desert. Another reading for this day gives us an idea of the value of silence: "In all toil there is profit, but mere talk tends only to want" (Proverbs 14: 23). Mary's toil led to immense spiritual profit. The absence of "mere talk" was a necessary part of her effort, and her victory.